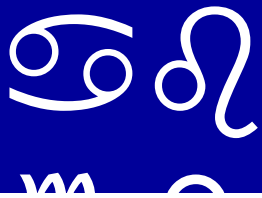


(3) Better Health for All Goal

Dr Ann Corkery
NHS West Sussex

Chairman
Better Health for All Goal Group



Goal 3: Better health for all

Initial Objectives- **GENERAL HEALTH**

33.

- Develop and deliver targeted support and behaviour change programmes to individuals who suffer with health problems as a result of their lifestyle.

34.

- Deliver targeted interventions to address health inequalities linked to poverty, unemployment, low aspirations, poor quality housing, and other indicators of deprivation.

35.

- Provide community-based opportunities to improve the physical and mental wellbeing of hard to reach *groups, including people with chronic conditions, disabilities, mental health problems* or living in isolation.

Goal 3: Better health for all

Initial Objectives- **GENERAL HEALTH**

36.

- Provide strong support for carers, develop new services in response to identified gaps, and ensure they know about the support available to them.

37.

- Provide and sustain accessible opportunities that enable all people to follow active and healthy lifestyles.

Goal 3: Better health for all

Initial Objectives- Ageing Population

38.

- Promote independence for older people including increasing availability of low level help at home and addressing the shortage of day care facilities.

39.

- Support older people to ensure they can also derive benefits from new technology.

Developing a Better Health for All Action Plan for 2010/11



Health and Wellbeing Partnership Action Plan, 2010/11

To ensure access to wellbeing services for district residents

- Establish Wellbeing Centre by Sept 2010

To promote and maintain independent living for older people

- Run two older people's cooking classes by March 2011

To support children and families to maximise life chances

- Run two parenting support interventions by March 2011

To reduce childhood obesity

- Run two healthy weight interventions for targeted children and families

To reduce alcohol misuse

- Establish three-year alcohol intervention officer in conjunction with Crawley and Mid Sussex